

Horari Sala Dirigides Gimnàs Club Tennis Vic

DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE	DIUMENGE
YOGA 6:30 a 7:15h	CICLESPORT 6:15 a 7h	BODY TRAINNING 6:30 a 7:15h	CICLESPORT 6:15 a 7h	OPENBOX 6:30 a 13:30h	OPENBOX 10 a 13h	OPENBOX 10 a 13h
OPENBOX 7:30 a 9h	CICLESPORT 7 a 7:45h	OPENBOX 7:30 a 13h	CICLESPORT 7 a 7:45h			
THE RAPTOR 9:30 a 10:15h	OPENBOX 8:30 a 13h		THE RAPTOR 9:30 a 10:15h			
OPENBOX 10:30 a 13h			OPENBOX 11 a 13h			
THE RAPTOR 13:30 a 14:15h	CICLESPORT 13:30 a 14:15h	PILATES 13:30 a 14:15h	BODY TRAINNING 13:30 a 14:15h	OPENBOX 13:30 a 21h		
OPENBOX 14:30 a 17:45h	OPENBOX 14:30 a 17:45h	OPENBOX 14:30 a 18h	OPENBOX 14:30 a 18h			
YOGA BALANCE 18 a 18:45h	ABDOMINALS 18 a 18:30h					
BODY TRAINNING 19 a 19:45h	YOGA BALANCE 18:30 a 19:15h	ABDOMINALS 18:30 a 19h	CICLESPORT 18:30 a 19:15h			
CICLESPORT 20 a 20:45h	THE RAPTOR 19:30 a 20:15h	CICLESPORT 19:30 a 20:15h	BODY TRAINNING 19:30 a 20:15h			

