

| | GRUP DELS GRANS | | | | |
|------------|-----------------|----------------------|------------------|---------------------------|-------------------------|
| | Dilluns | Dimarts | Dimecres | Dijous | Divendres |
| 8:45-9:00 | PETANCA | | | | |
| 9:00-9:15 | POLIESPORTIVA | JOCS POU/ PETANCA | WORKOUT | PÀDEL | PISCINA COBERTA |
| 9:15-9:30 | | | | | |
| 9:30-9:45 | | | | | |
| 9:45-10:00 | | | | | |
| 10:00- | TENNIS/ FÍSC | TENNIS | TENNIS/ FÍSC | TENNIS | TENNIS (JOCS TENNIS) |
| 10:15- | | | | | |
| 10:30- | | | | | |
| 10:45- | | | | | |
| 10:45- | | | | | |
| 11:00- | | | | | |
| 11:15- | ESMORZAR GRUP | ESMORZAR PÀDEL | ESMORZAR PISCINA | ESMORZAR POLIESPORTIVA | ESMORZAR JOC |
| 11:30- | | | | | |
| 11:45- | | | | | |
| 12:00- | PISCINA | PISCINA | PISTA DE SORRA | PISCINA | PISCINA |
| 12:15- | | | | | |
| 12:30- | | | | | |
| 12:45- | | | | | |
| 13:00- | | | | | |
| 12:15 | Pou | | | | |